



Hackensack
Meridian Health
JFK Medical Center

*Bedside
Bistro*

Halal Menu

Bedside Bistro offers the following packaged Halal meals by J&M

Beef Stew

A satisfyingly delicious stew! It has chunks of lean beef, with potatoes, sweet peppers, tomatoes, cabbage, zucchini, chickpeas and carrots in a flavorful sauce.

Mediterranean Chicken

A hearty chicken meal with the flavors of the Mediterranean region, it has chunks of light and dark chicken, tomatoes, potatoes, chickpeas, and black olives in a tangy sauce.

Chicken & Black Beans

A scrumptious meal with chunks of light and dark chicken, black & kidney beans, tomatoes, potatoes, sweet peppers and corn.

Roasted Boneless Chicken Thigh

A simple & delicious main dish of tender chicken from our regular menu.

Home-Style Meatloaf

A classic meal of seasoned, baked lean ground beef from our regular menu.

SAFETY TIP

If you have diabetes or you are on medication to control your blood sugar, please alert your nurse when ordering your meals.