

Your Name
Date
Number
Date of Birth



Jersey Shore University Medical Center
K. Hovnanian Children's Hospital
Ocean Medical Center

Riverview Medical Center
Southern Ocean Medical Center
Bayshore Community Hospital

MeridianHealth.com

| | | |
|------------------------|-----------------|--|
| Blood Pressure: | <u>140 / 70</u> | (normal is less than 120/80) |
| Pulse: | <u>72</u> | (normal is between 60 and 100) |
| Rhythm: | <u>Sinus</u> | (normal is Sinus) |
| BMI: | <u>21</u> | (normal is between 18.5 and 24.9) |
| ABI Left Leg: | <u>.52</u> | (normal is between 0.91 and 1.30) |
| ABI Right Leg: | <u>1.10</u> | (normal is between 0.91 and 1.30) |
| Aorta: | <u>4.10</u> | (normal is 3.0 and less) |

* Any **RED** numbers represent *abnormal* values. Please see your personal physician. *

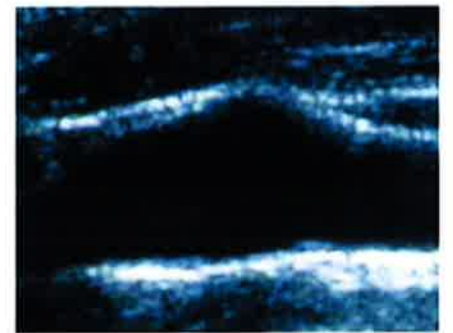
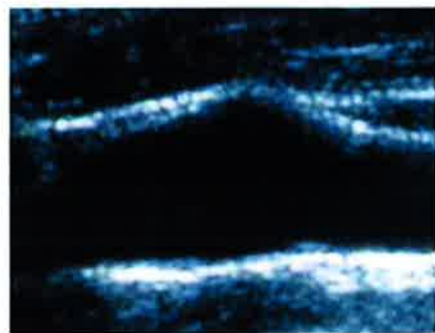
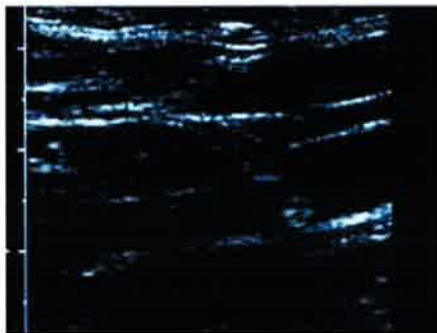
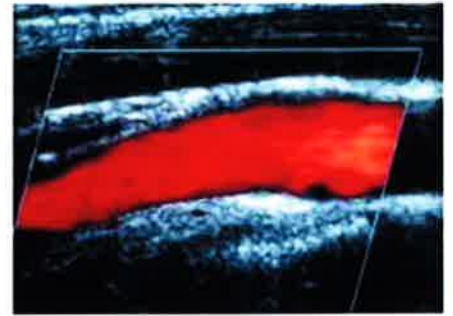
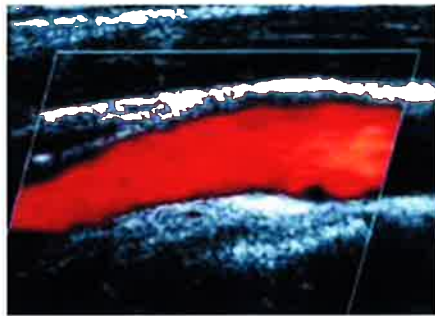
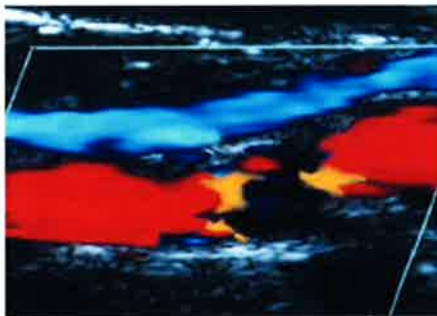
Your Left Carotid Artery

Sample Healthy Artery

Your Right Carotid Artery

PSV: 126 **(normal is between 1 and 124)**

PSV: 120



*****Please share this information with your *personal* physician.*****

The information in this brochure is intended for general guidance only and is not medical advice. The information is not intended as a recommendation for specific situations. As always, the participant should consult a qualified physician for specific advice.

| BLOOD PRESSURE STANDARDS | | |
|--------------------------|-----------------|-----------------|
| | Systolic | Diastolic |
| Normal | less than 120 | less than 80 |
| Prehypertension | 120-139 | 80-89 |
| Hypertension Stage 1 | 140-159 | 90-99 |
| Hypertension Stage 2 | 160 and greater | 100 and greater |

| PSV STANDARDS | | |
|---------------|-------------------------|-------------|
| PSV (cm/sec) | % Narrowing | |
| 1 - 124 | less than 50% blockage | Normal |
| 125 or above | 50% blockage or greater | Significant |
| 0 | 100% Blockage | Severe |

| BMI STANDARDS | |
|----------------|-------------|
| less than 18.5 | underweight |
| 18.5-24.9 | ideal |
| 25-29.9 | overweight |
| 30 or greater | obese |

| ABI STANDARDS | |
|---------------|---------------|
| Normal | 0.91 - 1.30 |
| Mild blockage | 0.71 - 0.90 |
| Moderate | 0.41 - 0.70 |
| Severe | 0.40 or below |

| HEART STANDARDS | |
|-----------------|------------------------------|
| Pulse | Normal is between 60 and 100 |
| Rhythm | Normal is Sinus |

| AORTA STANDARD (Supplemental Test) |
|---------------------------------------|
| Normal is 3.0 and less |

Please carefully consider this information in consultation with your physician.

SAMPLE IMAGES

HEALTHY ARTERY

ARTERY WITH SLIGHT BLOCKAGE

ARTERY WITH MODERATE BLOCKAGE

ARTERY WITH SEVERE BLOCKAGE

