Meridian Care Journey

Meridian Care Journey is a comprehensive palliative care program offered to patients at Meridian Health. This program has four components to address the needs of patients, no matter where they are receiving care in the Meridian network: Hospital, Nursing and Rehabilitation Centers, Home Care or at a physician practice.

- **Inpatient Palliative Care Consultation:**
  Meridian Health offers an inpatient palliative care consultation program at all seven hospitals.

- **Outpatient Palliative Care Consultation:**
  At all five Meridian Nursing and Rehabilitation facilities, a palliative care referral-based outpatient consultation program is offered.

- **Home-based Palliative Care Program**
  A home-based service that offers nursing, social work and spiritual visits for support of patients and their families.

- **Outpatient Practices**
  Center for Integrated Palliative Medicine is an outpatient program for patients dealing with a serious illness.

Center for Integrated Palliative Medicine

**Locations:**

**Tinton Falls**
656 Shrewsbury Avenue
Tinton Falls, NJ 07701

**Brick**
Brick Professional Center
1610 Route 88 Suite 203
Brick, NJ 08724

**Manahawkin**
Manahawkin Health Village
1301 Route 72 East Suite 260
Manahawkin, NJ 08050

P: 732-268.8470  
F: 732.268.8459

Call 732-202-8071 for more information about any of the four Meridian Care Journey Palliative Care Programs.
About the Program

Our mission at the Center for Integrated Palliative Medicine (CIPM) practice is to provide support, symptom management and encouragement for individuals dealing with a serious illness. The CIPM team seeks to improve the quality of life for you and your loved ones by offering a team approach to dealing with the physical symptoms and emotional stress of a serious illness. Our outpatient practice makes available services that have typically been reserved for an inpatient setting in a hospital or rehabilitation facility.

The focus of our approach is not solely on the patient. Our practice serves as a bridge linking communication between you and your other healthcare providers. The CIPM Team is accessible for your family and caregivers for support and education. We create a comfortable environment where the varied needs of individuals can be successfully met.

Staff/Services

The services provided at the CIPM practice are appropriate at any age and at any stage in a serious illness, from diagnosis moving forward. Palliative care can benefit patients dealing with, but not limited to, cancer, heart disease, lung disease, kidney failure, liver failure, stroke, and dementia. These are often illnesses accompanied by aggressive treatment options, frequent visits to the emergency room, numerous medications, and a tremendous amount of stress. By adding palliative care to an individual’s care plan, the team can assist the patient with the navigation of the ever changing and complicated health care system.

Our Professional Staff

We have a multidisciplinary team of experienced professionals to support and coordinate the individual needs of our patients. The team consists of:

- Physicians
- Nurse Practitioners
- Nurses
- Social Workers
- Chaplains

Our Goals and Mission

- **To help manage and control symptoms**
  - Pain, shortness of breath, difficulty sleeping, nausea, loss of appetite, etc.
- **Offer resources and education**
  - Insurance assistance, financial issues, home care, support groups, transportation, etc.
- **Provide emotional support**
  - Assist with feelings of anger, sadness, frustration, fear, loneliness, etc.
- **Advance care planning**
  - Education and assistance with Advance Directives, Living Will, POLST, etc.
- **Encourage quality of life**
  - Advocacy, involvement, communication, education

CIPM, in conjunction with your personal physician and specialists, will serve as an extra layer of support to help you manage your medical concerns and navigate through the healthcare system. Our fully integrated care coordination program is tailored to meet your individual needs and improve your quality of life. We take care in acknowledging the different physical, psychological, social, spiritual and cultural needs of every patient.

We welcome you to our practice and look forward to accompanying you on your journey to a better quality of life.

Referral/Insurance

Though we work closely with your other physicians, CIPM does not require a physician referral unless required by your insurance. We accept most major insurance plans.