Shore Rehab Gets a Grandpa Back to His Family

A highly skilled team

After amputation, physical and occupational therapy is critical for regaining independence. Peter was transferred to Shore Rehabilitation Institute (SRI). At SRI, rehabilitation for amputees starts with therapy to strengthen muscles and balance and prosthesis preparation.

Peter met with Heikki Uustal, M.D., head of the Prosthetics & Orthotics Clinic at the facility. Dr. Uustal, a leading clinician in the field of prosthetics and orthotics, worked with prosthetist Bob Sylvestri, CPO, to evaluate designs and ensure the right prosthesis was selected.

“The Clinic makes it convenient for patients because all team members are there,” Dr. Uustal explains. “Patients don’t have to travel to different places to get what they need. We have a well-organized and coordinated system in place, and SRI provides an excellent standard of care for patients.”

Rehabilitation for recovery

SRI’s team of professionals takes patients through the paces in the sophisticated gym and fully equipped Activities of Daily Living Suite to help them relearn self-sufficiency.

“Many of the mobility exercises were difficult for Peter because of a brace he wears on his other foot,” says Noreen Giovannone, PT. “Yet he determinedly worked through every one because he wanted to be able to play on the floor with his grandchildren again.”

Peter is grateful for the tremendous support of his SRI team and his family. “There were great people at Shore Rehab who took care of me,” he says. — Judee Szaro Treanor

Four steps for happy feet

When you have diabetes, daily foot care can help keep your feet trouble-free. Check your routine for these steps:

- Do you wash and thoroughly dry your feet — including between toes?
- Do you carefully inspect both feet? Look for redness, blisters, cuts, and swelling. Ask your doctor how to handle different foot problems.
- Do you apply moisturizer to dry feet — and remember not to get it between your toes?
- Do you sprinkle talcum powder on your feet if they tend to sweat?

Start your own journey to recovery

Schedule a tour to learn more about Shore Rehabilitation Institute’s rehabilitative programs. Call 732-836-4500 today!